

**DELHI  
PUBLIC  
SCHOOL  
DHALIGAON**



**SYLLABUS BREAK UP**

**CLASS : XII (HUMANITIES)**

**SESSION: 2024-25**

NAME:- \_\_\_\_\_

SECTION:- \_\_\_\_\_ ROLL NO:- \_\_\_\_\_

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| <b>Month</b> | <b>No. of Working Days</b> |
|--------------|----------------------------|
| April        | 21                         |
| May          | 24                         |
| June         | 15                         |
| July         | 12                         |
| August       | 24                         |
| September    | 23                         |
| October      | 17                         |
| November     | 23                         |
| December     | 20                         |
| January      | 22                         |
| February     | 21                         |
| March        | 24                         |

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**SUBJECT:- ENGLISH LANGUAGE & LITERATURE**

| Sl. No. | Months   | Chapter /Unit No.                   | Topics and sub topics  |
|---------|----------|-------------------------------------|--|
| 1       | April'24 | Literature, Language & Comm. Skills | My mother at Sixty Six<br>The Last Lesson<br>The Lost Spring<br>The Third Level<br>Notice Drafting<br>COMM. SKILL-GROUP DISCUSSION |
| 2       | May'24   | Literature, Language & Comm. Skills | Deep Water<br>Keeping Quiet<br>The Tiger King<br>Letter to the Editor<br>Reading Comprehension<br>COMM. SKILL-INTERVIEWS           |
| 3       | June'24  | Literature, Language & Comm. Skills | The Rattrap<br>The Journey to the end of the Earth<br>Article Writing<br>COMM.SKILLS-NEWS READING                                  |
| 4       | July'24  | Literature, Language & Comm. Skills | The Thing of Beauty<br>The Interview<br>Formal Invitation & Replies<br>COMM SKILLS-DEBATE  |
| 5       | Aug'24   | Literature, Language & Comm. Skills | Poets and Pancakes<br>The Enemy<br>The Roadside Stand<br>Report Writing<br>COMM SKILLS-SPEECH                                      |
| 6       | Sept'24  | Literature, Language                | <b><u>FIRST TERM EXAM</u></b><br>Indigo<br>Informal Invitation & Replies   |
| 7       | Oct'24   | Literature, Language & Comm. Skills | Aunt Jennifer's Tiger<br>On the face of it<br>Job application<br>COMM SKILLS -CONTENT PRESENTATION                                 |
| 8       | Nov'24   | Literature, Language & Comm. Skills | Memories of Childhood<br>Going Places<br>Reading Comprehension<br>COMM. SKILLS-EXTEMPORE   |
| 9       | Dec'24   |                                     | <b><u>PREBOARD EXAMINATION</u></b>   |

**SUBJECT:-ECONOMICS**

| Sl. No. | Month    | Unit/ Chapter    | Topic/Sub-topic   |
|---------|----------|------------------|---|
| 1       | April'24 | Unit 2<br>Unit 6 | <p><b>Money</b> – meaning and functions, supply of money - Currency held by the public and net demand deposits held by commercial banks. Money creation by the commercial banking system. Central bank and its functions (example of the Reserve Bank of India): Bank of issue, Govt. Bank, Banker's Bank, Control of Credit through Bank Rate, CRR, SLR, Repo Rate and Reverse Repo Rate, Open Market Operations, Margin requirement.</p> <p>A brief introduction of the state of Indian economy on the eve of independence. Indian economic system and common goals of Five Year Plans.</p>   |
| 2       | May'24   | Unit 4<br>Unit 6 | <p><b>Government budget</b> - meaning, objectives and components. Classification of receipts - revenue receipts and capital receipts; Classification of expenditure – revenue expenditure and capital expenditure. Balanced, Surplus and Deficit Budget – measures of government deficit.</p> <p><b>Main features problems and policies of agriculture</b> (institutional aspects and new agricultural strategy), <b>industry</b> (IPR 1956; SSI – role &amp; importance) and <b>foreign trade</b>.</p> <p><b>Economic Reforms since 1991:</b> Features and appraisals of liberalisation, globalisation and privatisation (LPG policy); Concepts of demonetization and GST.</p> |
| 3       | June'24  | Unit 1<br>Unit 7 | <p><b>National Income and Related Aggregates:</b> What is Macroeconomics? Basic concepts in macroeconomics: consumption goods, capital goods, final goods, intermediate goods; stocks and flows; gross investment and depreciation.</p> <p>Circular flow of income (two sector model); Methods of calculating National Income - Value Added or Product method, Expenditure method, Income method.</p> <p><b>Current challenges facing Indian Economy:</b> Human Capital Formation: How people become resource; Role of human capital in economic development; Growth of Education Sector in India.</p>  |

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| 4 | July'24 | Unit 1<br>Unit 7 | <p><b>Aggregates related to National Income:</b> Gross National Product (GNP), Net National Product (NNP), Gross Domestic Product (GDP) and Net Domestic Product (NDP) - at market price, at factor cost; Real and Nominal GDP. GDP and Welfare.</p> <p><b>Rural development:</b> Key issues - credit and marketing - role of cooperatives; agricultural diversification; alternative farming - organic farming.</p>   |
| 5 | Aug'24  | Unit 3<br>Unit 7 | <p><b>Determination of Income and Employment:</b> Aggregate demand and its components. Propensity to consume and propensity to save (average and marginal). Short-run equilibrium output; investment multiplier and its mechanism.</p> <p>Meaning of full employment and involuntary unemployment.</p> <p>Problems of excess demand and deficient demand; measures to correct them - changes in government spending, taxes and money supply.</p> <p><b>Employment:</b> Growth and changes in work force participation rate in formal and informal sectors; problems and policies.</p> <p><b>Sustainable Economic Development:</b> Meaning, Effects of Economic Development on Resources and Environment, including global warming.</p> |
| 6 | Sept'24 | Unit 5           | <p><b>Balance of Payments:</b> Balance of payments account – meaning and components.</p> <p><b>Revision for First Term</b></p> <p><b><u>FIRST TERM EXAM</u></b></p>  |
| 7 | Oct'24  | Unit 5           | <p>Balance of payments – Surplus and Deficit.</p> <p><b>Foreign exchange rate</b> - meaning of fixed and flexible rates and managed floating.</p> <p><b>Project Work.</b></p>  |
| 8 | Nov'24  | Unit 5           | <p>Determination of exchange rate in a free market, Merits and demerits of flexible and fixed exchange rate. Managed Floating exchange rate system.</p> <p><b>Development Experience of India:</b> A comparison with neighbors: India and Pakistan, India and China, Issues: economic growth, population, sectoral development and other Human Development Indicators.</p> <p><b>Project Work.</b></p>   |
| 9 | Dec'24  |                  | <b><u>PREBOARD EXAMINATION</u></b>   |

**SUBJECT:-HISTORY**

| <b>Sl. No.</b> | <b>Month</b>    | <b>Unit/ Chapter</b>  | <b>Topic/Sub-topic</b>   |
|----------------|-----------------|---|--|
| <b>1</b>       | <b>April'24</b> | <b>Ch-1</b> Bricks, Beads and Bones<br><br><b>CH-2</b> Kings, Farmers and Towns                 | 1. Subsistence Strategies 2. Mohenjo-Daro 3. Tracking Social Differences 4. Finding Out About Craft Production 5. Procuring Materials 6. Seals,Script, Weights 7. Ancient Authority 8. The end of the civilization 9. Discovering the Harappan Civilization 10. Problems of piecing together the past<br>1.Prinsep and Piyadassi2. The Earliest States 3. The Early Empire 4. New Notions of Kingship 5. A Changing Countryside 6. Towns and Trade How are Inscriptions Deciphered?                            |
| <b>2</b>       | <b>May'24</b>   | <b>Ch-3</b> Kingship, Caste and Class<br><br><b>Ch-4</b> Thinkers, Beliefs and Buildings        | 1. The Critical Edition of the Mahabharata 2. Kinship and Marriage many rules and varied Practices 3. Social Differences 4. Beyond Birth 5. Explaining Social Differences 6. Handling Text 7. A Dynamic Text<br>1. A Glimpse of Sanchi 2. Sacrifices and debate 3. The message of Mahavira 4. The Buddha and the Quest for Enlightenment 5. The Teachings of the Buddha 6. Followers of the Buddha 7. Stupas 8. New Religious Traditions 9. Sculpture 10. New Religious Traditions 11. Can we"See" Everything. |
| <b>3</b>       | <b>June'24</b>  | <b>Ch-5</b> Through the Eyes of Travellers'<br><br><b>Ch-6</b> Bhakti- Sufi Traditions Contd... | 1. Al-Biruni and the Kitab-UI – Hind 2. Ibn Battuta's Rihla 3. Francois Bernier 4. Making Sense of an Alien World 5. Ibn Battuta and the Excitement 6. Bernier and the "Degenerate" East 7. Women<br>1. A Mosaic of Religious beliefs 2. Pomes and Prayers 3. The Virashaiva Tradition in Karnataka<br>4. Religious Ferment in North India 5. New Strands in the Fabric Islamic Traditions   |
| <b>4</b>       | <b>July'24</b>  | <b>Ch-6</b> Bhakti- Sufi Traditions   | 6. The growth of Sufism 7. The Chistis in the Subcontinent 8. New Devotional Paths Dialogue and Dissent in Northern India 9. Reconstructing histories of religious traditions  |

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| 5 | Aug'24  | <p><b>Ch-7</b> An Imperial Capital: Vijayanagara</p> <p><b>CH-8</b> Peasants, Zamindars and the State</p> | <p>1. The Discovering of Hampi 2. Rayas, Nayakas and Sultans 3. Vijayanagara 4. The Royal Centre 5. The sacred centre 6. Plotting Palaces, Temples and Bazaars 7. Questions in Search of Answers</p> <p>1. Peasants and Agricultural Production 2. The village Community 3. Women in Agrarian Society 4. Forests and Tribes 5. The Zamindars 6. Land Revenue System 7. The Flow of Silver 8. The Ain-I Akbari of Abu'IFazlAllami</p> |
| 6 | Sept'24 | <b>Ch-10</b><br>Colonialism and the countryside   | <p><b><u>FIRST TERM EXAM</u></b></p> <p>1. Bengal and the Zamindars 2. The Hoe and the Plough 3. A revolt in the countryside 4. The Deccan Riots Commission</p>  |
| 7 | Oct'24  | <p><b>Ch-11</b> Rebels and the Raj</p> <p><b>Ch-13</b> Mahatma Gandhi and the Nationalist Movement</p>    | <p>1. Pattern of the Rebellion 2. Awadh in Revolt 3. What the Rebels wanted 4. Repression 5. Images of the Revolt</p> <p>1. A leader announces himself 2. The making and unmaking of Non-Cooperation 3. The salt Satyagraha 4. Quit India 5. The last Heroic days 6. Knowing Gandhi</p>  |
| 8 | Nov'24  | <b>CH-15</b> Framing the Constitution   | <p>1. The Tumultuous Time 2. The vision of the Constitution 3. Defining Rights 4. The Powers of the State 5. The Language of the Nation</p> <p style="text-align: right;"><b>REVISION</b></p>  |
| 9 | Dec'24  |   | <b><u>PREBOARD EXAMINATION</u></b>   |

### SUBJECT:-GEOGRAPHY

| Sl. No | Month    | Chapter /Unit No. | Topics and sub topics  |
|--------|----------|-------------------|--|
| 1      | April'24 | 1<br>1<br>4       | <p>Population: Distribution, Density, Growth and Composition</p> <p># Map work to show India map of growth of population</p> <p>Human geography: Nature and scope</p> <p>Human Settlements. Types, Urbanization, Classification of Towns.</p> <p>Practical 1:-Data –Its source and compilation</p> |
| 2      | May'24   | 2                 | The world population distribution, density and   |

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|   |         | 4<br>5<br>6  | growth<br>Human development . Growth &Development , Four pillars of human development.<br>Land Resources and Agriculture. Land use categories, changes in India.<br>Water Resources .Surface, groundwater, Conservation & management. |
| 3 | June'24 | 5<br>7       | Primary Activities . Pastoralism, Types of agriculture , Factors affecting mining.<br>Minerals & Energy Resources .Distribution, Types,conventional and non conventional energy.  |
| 4 | July'24 | 6            | Secondary Activities .Manufacturing :Classification of industries.<br>Practical 2:-Data processing  |
| 5 | Aug'24  | 7<br>9<br>10 | Tertiary and Quaternary activities.<br>Planning and sustainable development in Indian Context.<br>Transport and communication . Land transport, National highways ,state highways.  |
| 6 | Sept'24 | 11           | <b>Revision for First Term</b><br><b><u>FIRST TERM EXAM</u></b><br>International Trade<br>Practical 3:-Graphical representation of data   |
| 7 | Oct'24  | 8<br>12      | Transport and communication .<br>Geographical perspective on selected issues and problems.  |
| 8 | Nov'24  | 9            | International Trade<br>Practical 4:-Spatial information Technology  |
| 9 | Dec'24  |              | <b><u>PREBOARD EXAMINATION</u></b>  |

#### SUBJECT:-INFORMATICS PRACTICES

| Sl. No. | Month    | Chapter /Unit No.             | Topics and sub topics   |
|---------|----------|-------------------------------|---|
| 1       | April'24 | Data Handling using Pandas -I | Introduction to Python Libraries<br>Data Structure in Pandas -I<br>Series: Creation of Series from – ndarray, dictionary, scalar value; mathematical, operations; Head and Tail functions; Selection, Indexing and Slicing. |
| 2       | May'24   | Data Handling using Pandas -I | Data Frames: creation - from dictionary of Series, list of dictionaries, Text/CSV,files;  |



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|   |         |   | display; iteration; Operations on rows and columns: add, select,delete,rename;Headand Tail functions; Indexing using Labels, Boolean Indexing;  |
| 3 | June'24 | Data Handling using Pandas and Data Visualization         | importing/Exporting Data between CSV files and Data Frames  |
| 4 | July'24 | Data Visualization  | Purpose of plotting; drawing and saving following types of plots using Matplotlib line plot , Bar graph and histogram, customizing plot   |
| 5 | Aug'24  | Database Query using SQL                                  | Math functions: POWER (), ROUND (), MOD (). Text functions: UCASE ()/UPPER (), LCASE ()/LOWER (), MID()/SUBSTRING()/SUBSTR(),LENGTH(), LEFT (), RIGHT (),INSTR(),LTRIM(),RTRIM(),TRIM(). Date Functions: NOW(), DATE(), MONTH(), MONTHNAME(),YEAR(),DAY(),DAYNAME(). Aggregate Functions: MAX (), MIN (), AVG (), SUM (), COUNT();usingCOUNT(*). Querying and manipulating data using Group by, Having, Order by  |
| 6 | Sept'24 |   | <b>Revision of <u>FIRST TERM EXAM</u></b>   |
| 7 | Oct'24  | Introduction to Computer Networks                         | <b>Introduction to networks, Types of network:</b> LAN, MAN, WAN. Network Devices: modem, hub, switch, repeater, router, gateway Network Topologies: Star, Bus, Tree, Mesh. 7 Introduction to Internet, URL,  |
| 8 | Nov'24  | Introduction to Computer Networks<br><br>Societal Impacts | <b>Introduction to networks, Types of network</b> WWW, and its applications- Web, email, Chat, VoIP. Website: Introduction, difference between a website and webpage, static vs dynamic web page, web server and hosting of a website. Web Browsers: Introduction, commonly used browsers, browser settings, add-ons etc. Digital footprint, net and communication etiquettes, data protection, intellectual. property, rights (IPR), plagiarism, licensing and copyright, free and open source software (FOSS),cybercrime and cyber laws, hacking, phishing, cyber bullying, overview of Indian. |

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|   |        |  | Awareness about health concerns related to the usage of technology. |
| 9 | Dec'24 |  | <b><u>PREBOARD EXAMINATION</u></b>                                  |

**SUBJECT:-PHYSICAL EDUCATION**

| Sl. No. | Months   | Chapter /Unit No. | Topics and sub topics  |
|---------|----------|-------------------|--|
| 1       | April'24 | 1,2               | <p><b><u>MANAGEMENT OF SPORTING EVENTS: (Unit-1)</u></b></p> <ul style="list-style-type: none"> <li>• Function of Sports events Management(Planning, Organising, staffing, Directing &amp; Controlling)</li> <li>• Various Committees and its responsibilities(pre, during and post)</li> <li>• Fixture and its Procedures—Knock out,(Bye &amp; Seeding) &amp; League (Staircase, Cyclic &amp; Tabular Method) Combination Tournament.</li> <li>• Intramural and Extramural Tournaments-Meaning , Objectives and its significance. Specific sports programme- ( Sports Day, Run for Fun, Health Run, Run For specific causes &amp; Run for unity.)</li> </ul> <p><b><u>CHILDREN &amp; WOMEN IN SPORTS: (UNIT-2)</u></b></p> <ul style="list-style-type: none"> <li>• Exercise guide lines Of WHO for different age groups.</li> <li>• Common Postural deformities- Knock Knee, Bow legs, Flat foot, Round Shoulders, Lordosis, Kyphosis, Scoliosis and their corrective measures.</li> <li>• Special consideration (Menarche &amp; Menstrual Dysfunction)</li> <li>• Women participation in sports- Physical, Psychological and social benefits.</li> <li>• Female athlete triad(Osteoporosis, Amenorrhea, Eating disorder)</li> </ul> |
| 2       | May'24   | 3                 | <p><b><u>Yoga as preventive measure for Lifestyle Disease:</u></b></p> <ul style="list-style-type: none"> <li>• Obesity: Procedure Benefits &amp; Contraindications for Tadasana, Katichakrasana, Pavanmuktasana, Matsyasana, Halasana, Pachimuttansana, Ardha-Matsyendrasana, Dhanurasana, Ushtrasana, Surybedhan Pranayama.</li> <li>• Diabetes: Procedure Benefits &amp; Contraindications for Katichakrasana, Pavanmuktasana, Bhujangasana, Shalabhasana, Supta-Vajrasana,</li> </ul>  |

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|   |         |     | <p>Pachimuttansana, Ardha- Matsyendrasana, Dhanurasana, Mandukasana, Gomukasana, Yogmudra, Ushtrasana, Kapalbhathi.</p> <ul style="list-style-type: none"> <li>• Asthma: Procedure Benefits &amp; Contraindications for Tadasana, Urdhwahastottanasana, UttanMandukasana, Bhujangasana, Dhanurasana, Ushtrasana, Vakrasana, Kapabhati, Gomukhasana, Matsyasana, Anulom-Vilom.</li> </ul> <p><b>Hypertension:</b> Procedure Benefits &amp; Contraindications for Tadasana, Uttanpadasana, Katichakrasana, ArdhaHalasana, SaralaMatyasana, Gomukasana, Uttanmandukasana, Vakrasana, Bhujangasana, Makrasana, Shavasana, Nadi-shodhanapranayam, Sitlipranayam Back pain and Arthritis- Procedure , benefits &amp; contrainidication.</p>  |
| 3 | June'24 | 4,5 | <p><b><u>Physical Education &amp; Sports for CWSN(Children with Special Needs- Divyang) : (Unit-4)</u></b></p> <ul style="list-style-type: none"> <li>• Organisations Promoting Disability Sports( Special Olympics, Paralympics, deaflympics)</li> <li>• Classification &amp; division in sports. Concept of Inclusion in sports, its need and Implementation.</li> <li>• Advantages of Physical Activities for children with special needs.</li> <li>• Strategies to make physical Activities assessable for children with special needs.</li> </ul> <p><b><u>SPORTS AND NUTRITION: (Unit –5)</u></b></p> <ul style="list-style-type: none"> <li>• Balance diet and Nutrition: Macro and Micro Nutrients.</li> <li>• Nutritive and Non nutritive Component of diet.</li> </ul> <p>• Eating for weight control- A healthy weight, the pitfalls of dieting, Food Intolerance and food myth.</p> <p>Importance of diet in sports –Pre, During and post competition requirements</p> |
| 4 | July'24 | 6   | <p><b><u>Test &amp; Measurement in Sports.(Unit-6)</u></b></p> <p>Fitness Test- SAI Khelo India Fitness Test in school:</p> <ul style="list-style-type: none"> <li>• Age Group- 5-8 years/ class 1-3 : BMI, Flamingo Balance Test, Plate Tapping Test,</li> <li>• Age Group- 9-18 years/ class 4-12 : BMI, 50 mt Speed Test, 600 mt Run/ walk test, Sit &amp; Reach flexibility test, Strength test(Abdomina Partial</li> </ul>  |

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|   |         |     | <p>Curl up, push –ups for Boys and Modified push-ups for Girls).</p> <ul style="list-style-type: none"> <li>• Measurement of cardio-vascular fitness- Harvard step Test.</li> <li>• Computing Basal Metabolic Rate.</li> </ul> <p>Rikli&amp; Jones- Senior Citizen Fitness Test:</p> <ul style="list-style-type: none"> <li>• Chair stand test for lower body strength.</li> <li>• Arm curl test for upper body strength.</li> <li>• Chair sit &amp; reach test for lower body flexibility.</li> <li>• Back scratch test for upper body flexibility.</li> <li>• Eight foot up &amp; Go test for Agility.</li> </ul> <p>Six Minute walk Test for Aerobic Endurance</p>   |
| 5 | Aug'24  | 7,8 | <p><b>Physiology &amp; Injuries in Sports- (Unit-7):</b></p> <ul style="list-style-type: none"> <li>• Physiological factors determining components of physical fitness.</li> <li>• Effect of exercise on muscular system.</li> <li>• Effect of exercise on Cardio respiratory system</li> <li>• Physiological changes due to aging.</li> <li>• Sports Injuries: Classification(Soft Tissue injuries- Abrasion, Contusion, Laceration,</li> <li>• Incision, Sprain, Strain, Bone &amp; joint injuries- Dislocation, Fractures, Green stick, Comminuted, Transverse Oblique &amp; Impacted)</li> </ul> <p><b>Biomechanics &amp; Sports- (Unit-8):</b></p> <ul style="list-style-type: none"> <li>• Newton’s Law of motion &amp; its application in sports.</li> <li>• Types of Levers and their application in sports.</li> </ul> |
|   |         |     | <ul style="list-style-type: none"> <li>• Equilibrium- Dynamic &amp; Static and Centre of Gravity and its application in sports</li> <li>Friction and sports Projectile in sports</li> </ul>   |
| 6 | Sept'24 | 9   | <p><b>Psychology and Sports-(Unit-9):</b></p> <ul style="list-style-type: none"> <li>• Personality: Its definition &amp; types (Jung classification &amp; Big five theory)</li> <li>• Motivation, its type and Techniques</li> <li>• Exercise Adherence reasons. Benefits &amp; strategies for enhancing it.</li> <li>• Meaning , concept &amp; types of Aggressions in sports.</li> </ul> <p>Psychological Attributes in sports- Self Esteem, Mental Imagery, Self Talk, Goal Setting</p> <p>REVISION <b>FIRST TERM EXAM</b></p>   |

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| 7 | Oct'24 | 10 | <b>Training in Sports-(Unit-10):</b> <ul style="list-style-type: none"> <li>• Concept of Talent Identification and Talent Development in sports.</li> <li>• Introduction to Sports training Cycle- Micro, Meso, Macro Cycle.</li> <li>• Types &amp; Method to Develop- Strength, Edurance and Speed.</li> </ul> Types and Develop- Flexibility and Coordinative Ability |
| 8 | Nov'24 |    | <b>REVISION</b>   |
| 9 | Dec'24 |    | <b><u>PREBOARD EXAMINATION</u></b>  |